

EXHIBIT B

Sample Report Monitoring Population Served and Results

Activity Center	Address	Open	Meals Total	Participants
1. Como	4900 Horne St. FW 76107	M - F	8,407	86
2. Diamond Hill	1701 NE 36 th FW 76106	M - F	10,624	124
3. Eugene McCray	4932 Wilbarger FW 76119	M - Thu	6,313	85
4. Fellowship Corner	1601 New York FW 76104	M - F	11,888	107
5. Handley	6201 Beaty St. FW 76112	M - F	11,188	200
6. Northside	1100 NW 18 th FW 76164	M - F	7,832	101
7. North Tri-Ethnic	2950 Roosevelt FW 76106	T - W - Thu	2,340	28
8. Worth Heights	3551 New York FW 76110	T - F	3,526	51
Other Centers (18)	FW (4) Arlington (2) Other (12)		145,964	2,630
Totals	26 Centers		208,082	3,412

Program Outputs and Outcomes:

- 1) Last year SCS served over 208,000 meals at 26 centers valued at over \$1.3M, with 62,118 meals (30%) at 8 FW recreation centers valued at \$411,221.
- 2) Each meal provided 1/3 of the minimum Recommended Daily Intake for seniors.
- 3) Menus were prepared by a Registered Dietician after consultation with SCS.
- 4) Nutrition education was also provided to all meal participants each month.
- 5) 56% of frequent participants (3+ days a week) report that this meal is their most important source of nutrition. This is 6% over the performance standard.
- 6) 84% of frequent participants (3+ days a week) report increased social interactions on the days they attend. This is 14% over the performance standard.
- 7) 94% of seniors report living in the same residence over the past twelve months.
- 8) 35% of seniors report overall health has improved since participating.

Client Population Served & Other Indicators:

- 1) Average age is 75; 25% were male; 75% were female; 46% live alone
- 2) 44% were Anglo; 28% were Black; 14% were Hispanic; 7% Asian; 3% Am. Indian; 4% other
- 3) 69% were widowed/divorced/single; 31% married
- 4) 87% are satisfied with the activities; 49% spend less than \$125 a month on groceries
- 5) 57% come to share a meal; 89% come to socialize with others